

# LA GARROTXA

HOW 21 MUNICIPALITIES RALLY TOGETHER  
TOWARDS TERRITORIAL RESILIENCE, INSPIRING  
OTHER RURAL REGIONS TO DO THE SAME



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THE MUNICIPAL LEVEL.
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ILTIÍ: A DEMOCRACY FESTIVAL AT THE  
NATIONAL AND TRANSREGIONAL LEVEL.



SPARKING THE MOVEMENT TOWARDS

DEMOCRATIC RESILIENCE AT THE MUNICIPAL LEVEL.



THE STORY OF  
ARGELAGUER

# A PLACE WHERE PEOPLE DECIDE



THE PEOPLE'S COUNCIL

EL POBLE  
QUE BULL





SCALING UP TO  
FEM  
GARROTXA

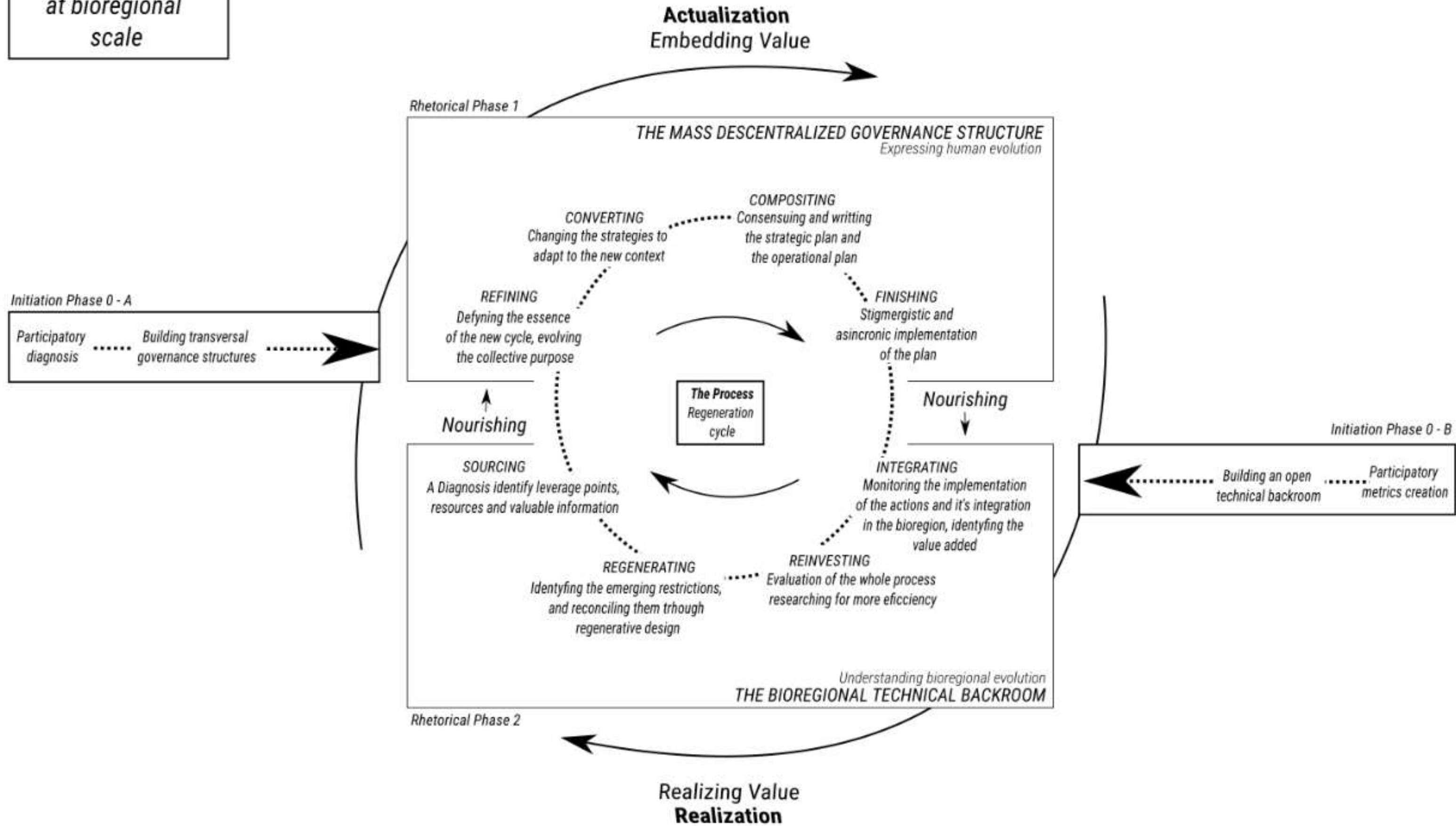
CO-CREATING A STRATEGIC PLAN FOR TERRITORIAL RESILIENCE



*IF WE ARE GARROTXA, LET'S DO GARROTXA!*



Autopoietic process for a regenerative coevolution at bioregional scale



# 11%

Is the percentage that we aimed for in order to activate the **critical yeast**\* [community catalyst multiplier agents] that is needed to mobilise the critical mass of the region.

In the case of the Garrotxa, we had to mobilise at least 6.000 people directly.

\* John Paul Lederach, 2004

## 17 SDGs turned into 21 TRGs

## 6.700 participants directly engaged!



# Leverage Points

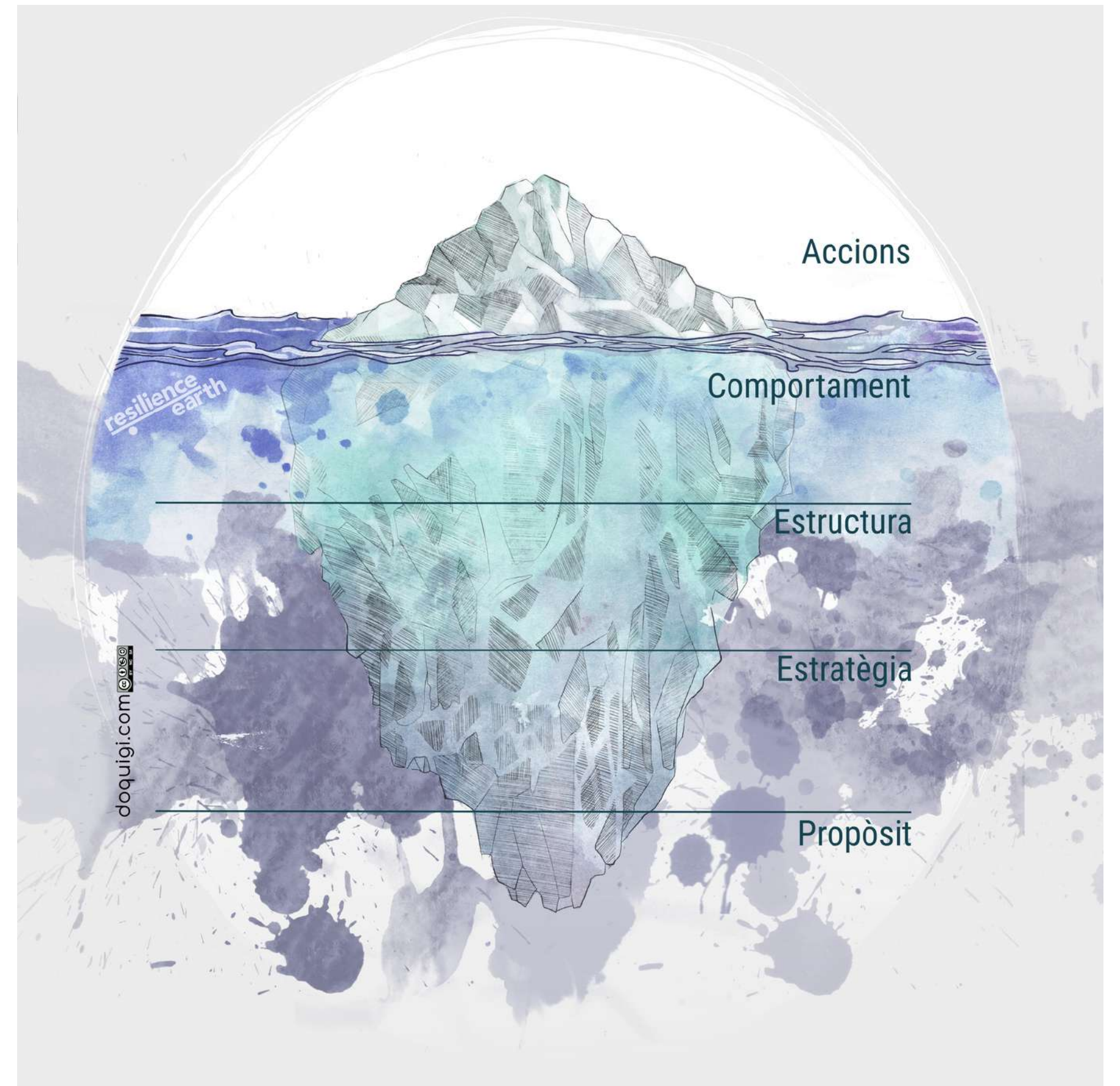
To carry out a participatory diagnosis of the bioregion, we needed to accompany this critical yeast to identify the region's **leverage points**\*.

\*Donella Meadows, 2001

\*Peter Senge, 2010

\*Otto Scharmer, 2017

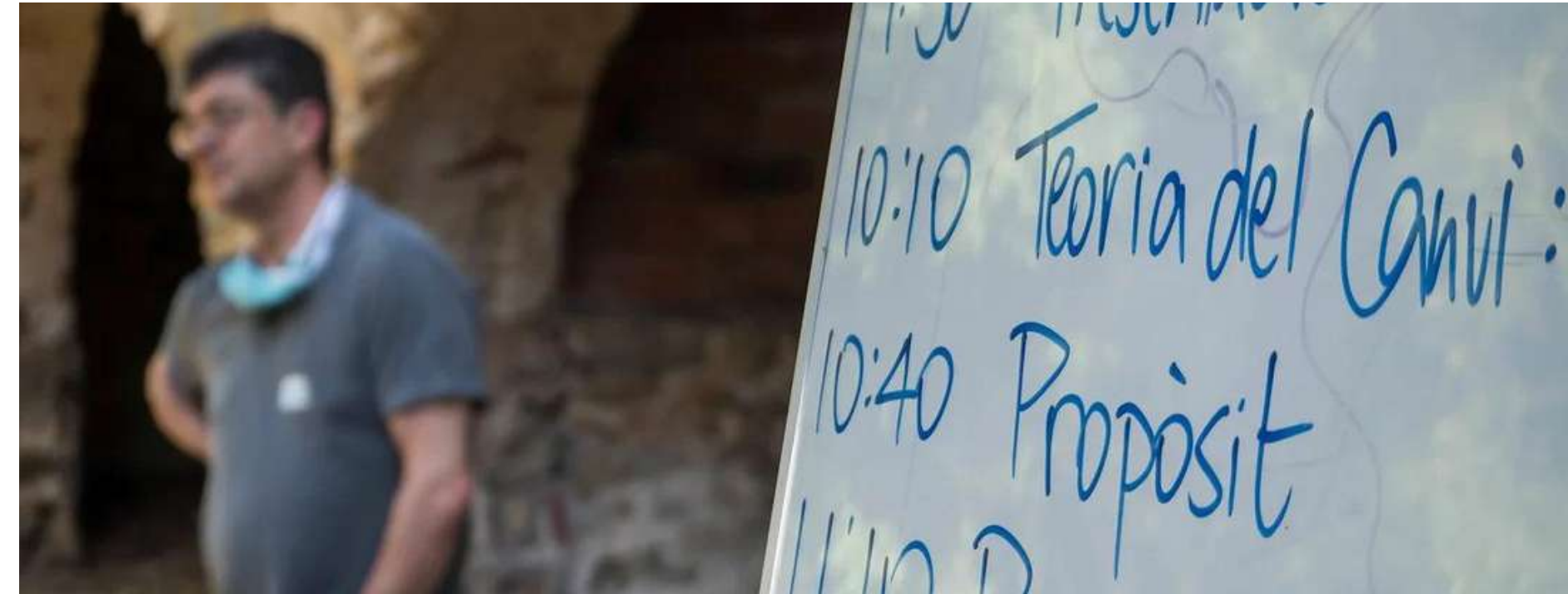
**16 thematic round tables**  
**700+ participants**



# The Bioregional Observatory of the Garrotxa

Bioregional observatories are fundamental for catalysing democratic processes and it is essential that we nourish them from a community-led (citizen sensing/science) and transectorial approach in order to move towards being a more **resilient territory**.

**18 technical sessions**  
**120 experts from all sectors**



*These observatories would contain people with excellent minds and tools, but they would not be walled off, as scientific centers so often are, either from the lives of ordinary people or from the realities of political processes. The people in these centers would be at home with farmers, miners, planners, and heads of state and they would be able both listen to and talk to all of them.*

*- Donella Meadows*



*I sobretot, no oblidis  
que el teu temps és  
l'únic que ha tocat  
realment a l'altre*

DEMOCRÀCIA  
REGENERACIÓ  
BIOREGIÓ

# ILTIÍR

el festival d'evolució  
democràtica a les ruralitats



**1.500 people from  
50 municipalities  
participated in over  
30 blended events**



# ILTIÍR HUB. The first socio-political incubator

This socio-political incubator puts the commons & the common good at the centre of governance.

75% of this emerging movement of decision makers is led by women, and they are taking inspiration from Nature\*.

The decision making process is taking place in grassroots rural areas.

\* Authors: Tamsin Woolley-Barker (2017); Leen Gorrissen (2022)

ILTIÍR  
HUB





# THANK YOU!

For more information:

- [resilience.earth](https://resilience.earth)
- [catalysts.community](https://catalysts.community)
- [balkar.earth](https://balkar.earth)

*resilience  
earth*